



# Northwest Illinois Swim Conference

## 2010 Winter Championship Meet

*Hosted by Blue Devil Swim Club*

February 19-21, 2010

**Elk Grove High School**

Sanctioned by USA Swimming & Illinois Swimming Inc.

Sanction # \_\_\_\_\_

**MEET DIRECTOR** Shannon Stolcers  
pkrfn042004@yahoo.com

**SAFETY CHAIR** Lynn Salisbury  
BOD@swimbdsc.org

**ENTRY CHAIR** Chris Bertana  
[chris@swimbdsc.org](mailto:chris@swimbdsc.org)

**MEET REFEREE** Dean Stockwell, Blue Devils Swim Club  
deanstockwell@sbcglobal.net

**LOCATION** **Elk Grove High School** - 500 West Elk Grove Blvd. - Elk Grove Village, IL  
Pool: 8 Lanes - 25 Short Course Yards  
13'11"ft at the start end and 4'0" at the turn end.  
Colorado timing system will be used with Hy-Tek software.

**TEAMS**

Blue Devil Swim Club	COHO Swim Club
Des Plaines River Racers	Dundee Dolphins
Elk Grove Swim Club	McHenry Marlins
Mundelein Mustang Swim Club	

### SESSION TIMELINES

Session #	Age Groups	Warm Ups	Positive Check In Cutoff	Session Begins
1 - Friday PM	All - Distance	6:00-6:45pm	6:15pm	6:45pm
2 - Saturday AM	8&U - 13&O	7:30am-8:45am	8:15am	9:00am
3 - Saturday 1650	All - 1650	11:30a-12pm	11:45am	12:00pm
4 - Saturday PM	9-10 & 11-12	1pm-2:15pm	1:45pm	2:30pm
5 - Sunday AM	8&U - 13&O	7:30am-8:45am	8:15am	9:00am
6 - Sunday PM	9-10 & 11-12	12:30p-1:45pm	1:15pm	2:00pm

\* denotes an approximation

**FORMAT** Timed finals with positive check-in. Check-in sheets will be posted prior to the start of warm-ups. Swimmers who are not checked-in will be scratched from that session.

**ELIGIBILITY** A swimmer's age as of February 19, 2010 will determine his or her age for the entire meet. Only USA Swimming registered athletes who are registered with the participating teams are eligible. All swimmers must be registered prior to competing. Entries listed, as "Registration applied for" will not be accepted. Unattached athletes will not be permitted to compete.

**ENTRIES & SCORING** Swimmers may enter up to 2 (two) individual events on Friday and up to 4 (four) individual events per day on Saturday and Sunday and up to 8 (eight) individual events total for the entire meet.

Team entry limits (Mixed-Open 1650 Free): Each team may enter a maximum of 1 (one) male and female swimmer per age group. Only 1 (one) male and female swimmer per team may score points in the following age groups: 14&Under, 15&Over. If there are open lanes once all team entries have been received, the host club will notify all teams and additional swimmers may be entered to fill empty lanes.

Team entry limits (Distance Events): Each team may enter a maximum of 3 (three) swimmers per event. Only 2 (two) swimmers per team may score points in each event in the following age groups: 10&Under 200IM, 9-10 200 Free; 12&Under 500 Free, 14&Under 400 IM, 13-14 500 Free, 15&Over 400IM & 500 Free. All male events will score as 13 & over, not 13-14 and 15 & Over.

Team entry limits (All other individual events): Each team may enter an unlimited number of male and female swimmers per event. Only 2 (two) swimmers per team may score points in each event in the following age groups: 8&Under, 9-10, 11-12, 13-14, 15&Over. All male events will score as 13 & over, not 13-14 and 15 & Over.

Team entry limits (Relays): Each team may enter up to 2 (two) relay teams per event. Only 1 (one) relay per team may score points in each event in the following age groups: 8&Under, 9-10, 11-12, 13&Over.

#### SCORING

Scoring for each event will be as follows (relay scoring will be double, through 7<sup>th</sup> place).

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th
20	17	16	15	14	13	12	11	9	7	6	5	4	3

#### AWARDS

Heat winners will receive a prize. Rosette ribbons will be awarded for 1<sup>st</sup> - 8<sup>th</sup> place in individual events and 1<sup>st</sup> - 3<sup>rd</sup> place in relay events. Ribbons will be awarded for places 9<sup>th</sup> - 16<sup>th</sup> in individual events and 4<sup>th</sup> - 6<sup>th</sup> in relay events. Swimmers will receive the award corresponding to the place in which they finish, regardless of whether or not they score team points. Team trophies will be awarded to the 1<sup>st</sup> & 2<sup>nd</sup> place teams.

#### ENTRY FEES AND DEADLINE

**There are no entry fees associated with this meet.** Entries must be sent to the Entry Chair, Chris Bertana, via e-mail at [chris@swimdbdsc.org](mailto:chris@swimdbdsc.org). Entry times must be submitted in Short Course Yards. **Entries must be submitted no later than 11:59pm on Sunday, February 14, 2010.**

#### RELAYS

Swimmers competing in relays must be entered in at least one individual event. Relay sheets will be distributed each session. Coaches should return relay sheets within one hour after the start of the session.

#### RULES & SAFETY

All current USA Swimming and ISI Rules and Regulations apply. All USA Swimming and ISI safety rules will be strictly enforced.

#### SEEDING

All events will be seeded slowest to fastest with the exception of the 1650 Free. **The 1650 Free will be seeded as a mixed, open event and heats will be swum fastest to slowest.**

#### USA SWIMMING MEMBERSHIP

Insurance regulations require that all swimmers, coaches, and officials must be current members of USA Swimming, Inc. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current

members of USA Swimming, Inc. may not participate in the meet or be on the pool deck. Be sure to display your credentials in order to gain access to the pool deck.

**SPECIAL ACCOMODATIONS** In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests.

**STARTS** At the meet referee's discretion, fly-over starts may be implemented in order to ensure that each session is completed in a timely manner.

**CONCESSIONS** Food and beverages will be sold during the meet by parent volunteers of the Blue Devil Swim Club. No smoking is allowed anywhere in the vicinity of Elk Grove High School.

**ADMISSIONS** There is a \$3.00 admission charge per session for this meet or \$5.00 for the entire meet. Psyche sheets for the entire meet will be available for \$5.00.

**TIMING** Each club will be responsible for staffing 2 (two) timers at all times per session. Please have your assigned timers report when the timers' meeting is announced. Please also choose some alternates and subs. 1650 Free swimmers must supply their own timer and counter.

**RESULTS** Final results will be e-mailed to all participating clubs. PDF copies of results will be available on the Blue Devil Swim Club Website: [www.swimbdsc.org](http://www.swimbdsc.org)

**WARM-UPS** Teams will be assigned lanes upon entering the meet (or just prior to if all numbers are in an accurate). All USA Swimming/ISI warm-up procedures will be enforced. When conducting starts, each team will ensure that their swimmers swim one way only. During general warm-up swimmers must enter the pool using a 3-point entry only. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets. Coaches shall be on deck during warm-ups and shall actively supervise their swimmers throughout the entire warm-up session. Backstrokers shall ensure they do not start at the same time as swimmers on the blocks.

**TIME TRIAL EVENTS:** A single session time trial will be offered for competing athletes on Sunday starting 30 minutes after the completion of session 6. Entry in time trials is limited to athletes age 13 & older. Time trial events will be counted against the meet limit of eight events and are subject to the daily limits as established by the meet (4-events per day). Sign-up for time trials will close 30 minutes after the start of session 6. These events will not be scored.

**Session 7 - Time Trial Events - Ages 13 & Over Only**

109	13 & Over 500 Freestyle	110
111	13 & Over 400 IM	112
113	13 & Over 200 Free	114
115	13 & Over 200 Fly	116
117	13 & Over 50 Free	118
119	13 & Over 100 Breast	120
121	13 & Over 100 Back	122
123	13 & Over 1650	124
125	13 & Over 200 IM	126
127	13 & Over 100 Fly	128
129	13 & Over 100 Free	130
131	13 & Over 200 Breast	132
133	13 & Over 200 Back	134

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## ORDER OF EVENTS

### Session 1 – Friday Evening

1	13 and Over 500 Free	2
3	10 and Under 200 Free	4
5	11-12 500 Free	6
7	13 and Over 400 IM	8
9	10 and Under 200 IM	10
11	11-12 200 IM	12

Session 2	Saturday AM	Boys	Session 5	Sunday AM	Boys
Girls	Event		Girls	Event	
13	13 & O 200 Free	14	61	13 & O 200 IM	62
15	8 and Under 100 Free	16	63	8 and Under 100 IM	64
17	13 & O 200 Fly	18	65	13 & O 100 Fly	66
19	8 and Under 50 Fly	20	67	8 and Under 25 Fly	68
21	13 & O 50 Free	22	69	13 & O 100 Free	70
23	8 and Under 50 Free	24	71	8 and Under 25 Free	72
25	13 & O 100 Breast	26	73	13 & O 200 Breast	74
27	8 and Under 25 Breast	28	75	8 and Under 50 Breast	76
29	13 & O 100 Back	30	77	13 & O 200 Back	78
31	8 and Under 25 Back	32	79	8 and Under 50 Back	80
33	13 & O 400 Medley Relay	34	81	13 & O 400 Free Relay	82
35	8&U 100 Medley Relay	36	83	8&U 100 Free Relay	84

### Session 3 – Saturday 1650

37	Open 1650 Free	38
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Session 4	Saturday PM	Boys	Session 6	Sunday PM	Boys
Girls	Event		Girls	Event	
39	11-12 200 Freestyle	40	85	9-10 100 Butterfly	86
41	9-10 50 Fly	42	87	11-12 100 Butterfly	88
43	11-12 50 Fly	44	89	9-10 100 Free	90
45	9-10 50 Free	46	91	11-12 100 Free	92
47	11-12 50 Free	48	93	9-10 50 Breast	94
49	9-10 100 Breaststroke	50	95	11-12 50 Breast	96
51	11-12 100 Breaststroke	52	97	9-10 50 Back	98
53	9-10 100 Backstroke	54	99	11-12 50 Back	100
55	11-12 100 Backstroke	56	101	9-10 100 IM	102
57	9-10 200 Medley Relay	58	103	11-12 100 IM	104
59	11-12 400 Medley Relay	60	105	9-10 200 Free Relay	106
			107	11-12 400 Free Relay	108

Complete this form and mail with your hard copy of entries.

Mail to: **Blue Devil Swim Club**  
**C/O Coach Chris Bertana**  
**P.O. Box 481**  
**Gurnee, IL 60031**

**CONTACT INFORMATION OF ENTRY PERSON:**

Name of Club: \_\_\_\_\_

Club Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_

Email: \_\_\_\_\_

Coach(es) attending the meet: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may occur against USA Swimming, Illinois Swimming Inc., Warren Township High School District #121, Blue Devil Swim Club, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representatives of my club. Furthermore, I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

Signature: \_\_\_\_\_ Title: \_\_\_\_\_

Date: \_\_\_\_\_

Entries will be accepted beginning February 7, 2010.

**Entries must be received by 11:59pm, February 14, 2010.**