



The Not Father's Day Classic
presented by: TOPS YMCA Swim Team
June 28-29, 2014

The Father's Day Classic is sanctioned by USA Swimming, Inc. Sanction No. ILL14-0613. All USA Swimming and ISI rules apply including safety rules that will be strictly enforced.

MEET DIRECTOR	ENTRY CHAIR	HEAD REFEREE	SAFETY COORDINATOR
Jason Aspin tops.jaspin@gmail.com	Bob Hallman 255 S. Marion Street Oak Park, IL 60304 708-434-0222 topsmeets@gmail.com	Bob Hallman rhallman@sbcglobal.net	Gunnar Schmidt gschmidt@westcookymca.org
Jennifer Salen tops.isalen@gmail.com			

MEET SCHEDULE	Sat/Sun AM	Warm-up: 7am	Meet starts: 8am
	Sat/Sun PM	Warm-up: TBA (immediately following conclusion of morning session, but not before 11am)	Meet starts: 1 hour after start of warm-up

LOCATION Ridgeland Common Pool, 415 Lake St, Oak Park, IL 60302
Ridgeland Commons is currently under construction, TOPS reserves the right to cancel the meet due to construction issues and facility availability. We will have confirmation of the venues availability by May 1st 2014.

FACILITY Eight lane/50 meter pool with non-turbulent competitor lane lines and a fully automatic Daktronics timing system with touch pads. The competition course has not been certified in accordance with 104.2.2C(4). Fixed starting block at starting end. Ridgeland Commons contains a concession stand that will be available to the swimmers. On Saturday there will be a farmers market across the street in the church parking lot. Parking is available at the high school lot which is one block west on Lake St.

Please no parking in the church parking lot on Sunday.

RULES All current USA Swimming and ISI rules and regulations apply. ISI and USA Swimming safety rules will be strictly enforced. FINA starting procedures and rules (whistle commands, no recall) will be followed.

AND SAFETY

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

ELIGIBILITY	<p>All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to the entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E Touhy Ave Suite 245, Des Plaines, IL 60018, Phone: 847-824-1596, Fax: 847-824-1826. A swimmer's age as of the first day of the meet will determine their age for this meet.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
USA SWIMMING, INC MEMBERSHIP	<p>Insurance regulations require that all swimmers, judges, starters, and referees be current members of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.</p>
COACHES	<p>All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.</p>
ENTRIES	<p>Entries will be accepted starting at 8am on May 26, 2014. Entries must be received on or before June 14, 2014. Entries will be accepted by e-mail only. All entries should be sent to the Entry Chair.</p> <p>Please submit long course meter entry times. All entry times must be achieved in accordance with USA Swimming rules prior to the entry deadline. All entries must be submitted on the entry forms attached or facsimiles thereof. The attached summary form, release and hold harmless statement, and all entry fees must accompany all entries. Failure to comply with any entry requirement will be sufficient cause to refuse entry. Entries will be accepted in Hy-Tek format.</p> <p>No entries with NT will be accepted.</p> <p>A printed copy of the entry, all forms, waivers, and summaries, and a check for entry fees must be received within 96 hours of receipt of entry. The host club accepts no responsibility for receipt of e-mail entries. Confirmation of receipt is the sole responsibility of the sender.</p>
ENTRY FEES	<p>\$4.00 per individual event. In addition, a \$2.00 Illinois Swimming and \$2.00 facility surcharge per swimmer is required. A check for the full amount must accompany your entry.</p>
ENTRY LIMITATIONS	<p>Athletes may enter 3 events per session. The host club reserves the right to limit events 200 meters and longer.</p>
EVENTS	<p>In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific request.</p>

POSITIVE CHECK-IN	Positive check in will close 15 minutes after warm-ups begin.
BAD WEATHER POLICY	A detailed policy for procedure in the event of bad weather will be forwarded to entered teams prior to the meet.
SEEDING	Events will be timed finals seeded slowest to fastest.
AWARDS	Awards will be given for Age Groups 8 & Under, 9-10 and 11-12 Only. We will give individual events awards for places 1-8. Awards must be picked up at the conclusion of the meet, only awards that are not ready for collection will be posted.
ADMISSIONS	\$5.00 per day for adults, \$3.00 for children ages 12-18, and ages 11 and under are free.
MEET PROGRAMS	Psych Sheets available online.
CONCESSIONS	Food concession is provided by the venue. Coaches' hospitality will be provided by the host team. Swim gear will be available from All-American Aquatics. There will not be single use water bottles for sale, please bring a reusable water bottle. There will be filling stations at the venue.
MEET RESULTS	Final meet results will be e-mailed to the address listed on the Summary Fee / Release Form to participating teams with 5 or more swimmers. Additional copies may be ordered at the admission table for \$10.00.

Girls	Saturday Am	Boys
1	11-12 200 IM	2
3	9-10 100 Free	4
5	11-12 100 Free	6
7	9-10 50 Back	8
9	11-12 50 Back	10
11	9-10 50 Fly	12
13	11-12 50 Fly	14
15	9-10 100 Breast	16
17	11-12 100 Breast	18

Girls	Sunday Am	Boys
43	12 & Under 200	44
45	9-10 50 Free	46
47	11-12 50 Free	48
49	9-10 50 Breast	50
51	11-12 50 Breast	52
53	9-10 100 Fly	54
55	11-12 100 Fly	56
57	9-10 100 Back	58
59	11-12 100 Back	60

Girls	Saturday Pm	Boys
19	Open 400 Free	x
21	8 & Under 50 Fly	22
23	13-14 100 Breast	24
25	Open 100 Breast	26
27	8 & Under 50 Free	28
29	13-14 100 Free	30
31	Open 100 Free	32
33	8 & Under 50 Back	34
35	13-14 100 Back	36
37	Open 100 Back	38
39	Open 200 Fly	40

Girls	Sunday PM	Boys
x	Open 400 Free	62
63	8 & Under 100 Free	64
65	Open 200 Back	66
67	8 & Under 50 Breast	68
69	13-14 50 Free	70
71	Open 50 Free	72
73	13-14 100 Fly	74
75	Open 100 Fly	76
77	13-14 200 Free	78
79	Open 200 Free	80
81	Open 200 Breast	82

Complete this form and send with entry form. Make check payable to: **TOPS Swim Team**

Entry Chairperson:
George Adcock
255 s Marion St Oak Park II 60302
gadcock@westccokymca.org

8 & Under	# of swimmers_____	# of Entries_____	X	\$4.00	\$_____
10 & Under	# of swimmers_____	# of Entries_____	X	\$4.00	\$_____
11-12	# of swimmers_____	# of Entries_____	X	\$4.00	\$_____
13-14	# of swimmers_____	# of Entries_____	X	\$4.00	\$_____
OPEN	# of swimmers_____	# of Entries_____	X	\$4.00	\$_____
	Total # of swimmers _____		X	\$4.00	\$_____
			Total Fees		\$_____

Name of Club _____ USA Swimming Association _____

Club Initials for Heat Sheet _____

Name of person and telephone number responsible for your teams volunteers _____

Names of coaches attending meet _____

Complete mailing address _____

Home Phone _____

Work Phone _____

Email Address _____

In consideration of the acceptance of this entry , I , intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Illinois Swimming, Inc., TOPS YMCA Swim Team, The West Cook YMCA, and Park District of Oak Park, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.

Signature (Coach or Club Representative) _____

The signed release must accompany each entry or entry will not be accepted. Entries must be received no sooner than May 26, 2014, and no later than June 14, 2014.

CONTROLLED MEET WARM-UP and SAFETY GUIDELINES

To be posted at all ISI Sanction/Approved competitions

A. WARM-UP PROCEDURES

1. **General Warm-up** (first 30-45 minutes)
 - a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - b. No sprinting or pace work allowed during this general warm-up session.
 - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. **Specific Warm-up** (last 30-45 minutes)
 - a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
 - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
 - c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1 & 6	2 & 5	3, 4
8 LANE	1 & 8	2 & 7	3, 4, 5, 6
10 LANE	1 & 10	2 & 9	3, 4, 5, 6, 7, 8

B. SAFETY GUIDELINES

1. **Coaches Responsibilities**
 - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. **Host Team Responsibilities**
 - a. Marshaling
 1. A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 2. Marshals shall be current members of USA Swimming.
 3. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
3. **Miscellaneous:**
 - a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
 - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 - d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 - e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

Effective: November 3, 2004

**Father's Day Classic
TOPS YMCA Swim Team
June 28-29th 2014**

Meet Assistance Form

Due to the difficulty in staffing large invitational meets, TOPS will require assistance from participating teams. The assistance will be needed with timing and officiating.

TOPS reserves the right to give priority to those teams that agree to provide Volunteer officials and timers for our meet.

Please provide the name of a contact person that will coordinate your team's volunteers in the space below and return with your entry. Someone from our meet committee will contact that person prior to the meet.

We require two timers per session in which a team has 5 or more swimmers entered. We also need officials for every session and would appreciate knowing who will be available for each session. Please submit names on the form, along with your entry, or no later that two weeks before the meet. Please mail the information to the meet director.

	Timers	Officials	Level	Phone
Saturday AM	_____	_____		
	_____	_____		
Saturday PM	_____	_____		
	_____	_____		
Sunday AM	_____	_____		
	_____	_____		
Sunday PM	_____	_____		
	_____	_____		
Team Name	_____			
Team Email	_____			
Volunteer Coordinator	_____			
Phone (Day)	_____	Evening	_____	

Thank You for your Cooperation